A SONG WRITTEN FOR AMY

The Friend I Never Saw Coming

Just because



I found you on Thumbtack, looking for a change,
A personal trainer to help me find my strength.
We met at Dunkin' Donuts, not knowing back then,
You'd become so much more than a trainer or friend.
You pushed me through workouts, taught me to be strong,
And somehow, through it all, we started to belong.
What started with fitness became something true,
A friendship I never knew I'd find in you.

> *Amy, you're the strength when I feel small,*
> *The one who shows up whenever I fall.*
> *You lift me higher than I thought I could be,*
> *And make me believe in the best part of me.*

You're all about logic, I believe in signs,
You roll your eyes at my spiritual mind.
You call it "my universe" with that familiar grin,
But you still listen when I start again.
Remember Red Riding Hood becoming the wolf?
That pumpkin on my head for your crazy photo shoot?
And smashing things together just to let it all out,
We turn the hardest moments into stories we laugh about.

> *Amy, you're the strength when I feel small,*
> *The one who shows up whenever I fall.*
> *You lift me higher than I thought I could be,*
> *And make me believe in the best part of me.*

When things with Matty got too hard to bear,
I needed some space, and you were right there.
You came to get me when I needed to leave,
No questions, no judgment, just what I needed.
And when my sweet Nitro was losing his fight,
You knew how much I loved him with all of my life.
Saying goodbye broke a piece of my heart,
But your kindness helped me through the hardest part.

We're so different, yet somehow we fit,
You bring me back when my world doesn't make sense.
Your courage inspires me to stand up again,
I'm grateful that life made us more than friends.

> *Amy, you're the strength when I feel small,*
> *My inspiration, through it all.*
> *You lift me higher than I thought I could be,*
> *And I'm so thankful you're a part of me.*

From a chance meeting to a friendship so true,
My world is a better place because of you.

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